

Baby Bath

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What better way to protect your baby than to use all natural baby bath products. No harsh alcohol or chemicals. Know exactly what goes on your baby's skin because you made it!

Oatmeal Bath

Ingredients:

- 1 cup of plain oatmeal

Instructions:

Grind 1 cup of plain oatmeal to powder form, in a food processor or coffee grinder. Add powder to running water and stir with your hand to dissolve in the bath water. Oatmeal relieves itching due to chicken pox, poison oak, diaper rash etc. Also good for dry skin.

Milk Bath

Ingredients:

- 1/4 cup nonfat dry milk
- 1/4 cup whole dry buttermilk
- 1 tablespoon cornstarch
- 1 drop lavender oil (optional)

Instructions:

Mix all the ingredients together and pour into a clean container or resalable plastic bag. Then, pour 1/4 cup of the bath powder into a full tub or 1 tablespoon into a small baby bathtub.