

Hair Shampoo

Written by Administrator

Wednesday, 25 May 2011 06:22 - Last Updated Thursday, 26 May 2011 03:53

Deep hair conditioner recipes you can make at home.

Simple Shampoo

Ingredients:

- 1/4 cup water
- 1/4 cup liquid Castile Soap
- 1/2 teaspoon sunflower or other light vegetable oil

Instructions:

Mix together all the ingredients. Store in a bottle. Use as you would any shampoo, rinse well

Lavendar Castile Shampoo (Great for Oily Scalp)

Ingredients:

- 6 oz Liquid Castile Soap
- 5 drops lavender essential oil

Instructions:

Mix together all the ingredients. Store in a bottle. Use as you would any shampoo, rinse well

Tea Tree Castile Shampoo (Great for dandruff, broken out or dry, itchy scalp)

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Ingredients:

- 6 oz Liquid Castile Soap
- 5 drops Tea Tree essential oil
- 1/2 teaspoon Jojoba oil

Instructions:

Mix together all the ingredients. Store in a bottle. Use as you would any shampoo, rinse well

Moisturizing Castile Shampoo (Great for dry, colored treated hair)

Ingredients:

- 6 oz Liquid Castile Soap
- 1/2 teaspoon avocado oil
- 1 teaspoon coconut oil

Instructions:

Mix together all the ingredients. Store in a bottle. Use as you would any shampoo, rinse well

Hair Loss Castile Shampoo (Great for thinning hair and hair-loss)

Ingredients:

- 6 oz Liquid Castile Soap
- 5 Drops Rosemary Essential Oil

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- 3 Drops Tea Tree Essential Oil

Instructions:

Mix together all the ingredients. Store in a bottle. Use as you would any shampoo, rinse well

Glossy Shine Castile Shampoo

Ingredients:

- 6 oz Liquid Castile Soap
- 1 1/2 teaspoon Olive Oil

Instructions:

Mix together all the ingredients. Store in a bottle. Use as you would any shampoo, rinse well

Hair Growth Castile Shampoo (Great for thinning hair and hair-loss)

Ingredients:

- 3 oz Liquid Castile Soap
- 1 teaspoons Burdock Root
- 1 teaspoon Stinging Nettle (herb)
- 1 teaspoon Horsetail
- 1 cup distilled water

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Instructions:

Steep the herbs and water in a covered pan for 30 minutes. Strain and allow to cool. Mix with remaining ingredients then bottle.

Itch Reliever Castile Shampoo (Great for eczema and allergic dermatitis)

Ingredients:

- 3 oz Liquid Castile Soap
- 1 tablespoon Stinging Nettles (herb)
- 1 tablespoon lavender (herb)
- 1 cup distilled water

Instructions:

Steep the herbs and water in a covered pan for 30 minutes. Strain and allow to cool. Mix with remaining ingredients then bottle.

Blonde Castile Shampoo (Great for blonde hair)

Ingredients:

- 3 oz Liquid Castile Soap
- 4 chamomile Tea Bags
- 1/2 teaspoon Olive oil

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Steep the tea and water in a covered pan for 30 minutes. Strain and allow to cool. Mix with remaining ingredients then bottle.

Dark Hair Enhancing Castile Shampoo

Ingredients:

- 3 oz Liquid Castile Soap
- 1 tablespoon Sage
- 1 tablespoon rosemary
- 2 Black tea bags
- 1/2 teaspoon Olive oil

Instructions:

Steep the tea and water in a covered pan for 30 minutes. Strain and allow to cool. Mix with remaining ingredients then bottle.

Chamomile Shampoo (Great for blondes to brighten light hair)

Ingredients:

- 4 bags of Chamomile tea
- 4 tablespoons pure soap flakes
- 1 1/2 tablespoons glycerin

Instructions:

Steep the tea bags in 1 1/2 cups of boiled water for 20 minutes. Remove the tea bags and

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discard. Add the soap flakes to the tea and let stand until the soap softens. Stir in glycerin until well blended. Keep in a dark, cool place in a sealed bottle.

Warning: Should be avoided by those with ragweed and pollen allergies

Dry□ Shampoo (Great for oily hair and a substitute for wet shampoo)

Ingredients:

- 1/2 cup Cornstarch

Instructions:

Sprinkle the cornstarch in your hair or use a large make up brush to dust into hair. Let it absorb for a few minutes, brush it out.

Beer Shampoo (Great volumizing shampoo)

Ingredients:

- 3/4 cup beer (any brand)
- 1 cup inexpensive shampoo

Instructions:

Boil the beer until it reduces to 1/4 cup. Cool the beer and add it to the 1 cup of inexpensive shampoo. Shampoo hair as normal.

Melt and Pour Nourishing Shampoo Bar

Ingredients:

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- 1 lb. opaque melt and pour soap base, any kind
- 1 tsp. almond oil
- 4 tsp. shea butter melted
- 1 1/2 tsp. castor oil
- 1 oz. beeswax
- 1 1/2 oz. cocoa butter fragrance oil color
- any additional additives you want

Instructions:

This is a wonderful recipe for all hair types. Most shampoo bars are done the cold process way , but this is for the melt and pour process. You can actually hear your hair squeak when you wash [it.It](#) is nearly impossible to find a melt and pour recipe for shampoo bars. Melt melt and pour soap base, in a separate container melt solid oils, butters, mix together and put into molds after adding fragrance oil and color. Thas is all there is to it.
submitted recipe!!! TY!!!!

Camomile-green tea vinegar shampoo

Ingredients:

- 3 TBs- cider vinegar
- 1 TBs- Olive Oil
- 1/2 C- mild shampoo
- 1 TBs- Honey
- 1 tea bag of camomile tea
- 1 tea bag of green tea

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- 8 oz- water

Instructions:

Have ready and empty water bottle or a squeeze bottle (your choice). Warm up water in microwave for 1 minute on high, then put in both tea bag and let steep for about 10 minutes. While steeping, Add cider vinegar, olive oil, shampoo, and honey to bottle. Squeeze all the water out of the tea bags and throw away. Pour tea in bottle. Shake all ingredients well. Use as soon as possible. Store let overs in fridge. Remember to shake well before each use.

Rosemary Shampoo

Ingredients:

- 4 oz of Castile soap
- 1/2 ounce of rosemary (stimulates the hair follicles and has been known to prevent premature balding)
- 1/2 ounce sage (it keeps things from spoiling and also acts as an antioxidant)
- 1/2 ounce nettles (contains nutrients that help the hair grow and is a blood stimulator)
- Few drops of Lavender oil (helps to control itchy scalp)

Instructions:

Mix the herbs in a jar and seal it tightly, including the lavender. Boil 2 cups of water. Add 3 tablespoons of the herbs into the water and then remove from heat. Allow it to sit for about 30-45 minutes. Strain the mixture into a clean bowl. Next add about 2 ounces of the mixture into a clean 8 ounce plastic bottle (you can use an old shampoo bottle) Add in the Castile soap. Close the bottle and shake well. submitted recipe!!!

Olive Oil Shampoo

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- 1/4 cup grated soap (Castile soap is a common choice)
- 1/4 cup hot water
- 1/2 tsp olive oil
- 2 tablespoons glycerine
- 5 drops essential oil (optional, for fragrance or therapeutic properties)

Instructions:

1. Dissolve the soap in the hot water.
2. Stir in the olive oil. You can substitute another vegetable oil if you like, but olive oil is generally accepted as healthy for skin and hair.
3. Add the glycerine and any essential oils you might want. Typical essential oils would include lavender, peppermint, or citrus. You can use this shampoo as-is or as a base for specialized recipes for oily hair, dry hair, dandruff, etc. submitted recipe!!!

Herbs you can add to your natural Shampoo recipe

Rosemary may also be useful in the prevention and treatment of headlice, excellent for scalp problems like dandruff and itchiness.

Lavender Oil has a balancing, harmonizing effect on the emotions and also on the skin making it excellent for use in cosmetics and toiletries where it balances the production of sebum from the oil glands making it beneficial for dry or oily skins for psoriasis, acne, eczema, seborrhea and spots.

Chamomile is an excellent rinse for fine hair, especially during hot weather - just be sure to strain it well before using! It is also famed for lightening hair, which is why it is frequently used in shampoos for blonde hair.

Nettle Roots, Nettle Leaves, have a long history of use in traditional medicine. Its flesh is rich in minerals and plant hormones and it stimulates hair growth and softens the hair. It is used as a hair rinse (especially for light hair)

Tea Tree oil is an Antiseptic, Anti bacterial, Anti fungal, Immune stimulant. Great for dandruff and troubled scalps.

Olive oil to add shine to hair.

Dried herbs and oils for types of hair

HERBS:

Dark Hair - Rosemary, Nettle

Light Hair - Chamomile, Calendula

Red Hair - Calendula

Dry Hair - Calendula, Burdock Root, Lavender Flowers

Oily Hair - Sage, Lemongrass, Peppermint

Thinning Hair - Rosemary, Peppermint, Lavender

Normal Hair - Red clover, Lavender, Rosemary, Horsetail (Shavegrass)

ESSENTIAL OILS

Dry Hair - Lavender, Sandalwood, Cedarwood

Oily Hair - Lemon, Rosemary, Ylang, Ylang

Normal Hair - Rosemary, Lavender, Geranium

Fine Hair - Rose

Dandruff - Clary Sage, Lavender, Lemon