

## Hair styling product Recipes

Written by Administrator

Thursday, 26 May 2011 04:22 - Last Updated Thursday, 26 May 2011 04:30

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Make your own natural hair styling products at home.

### Honey Shine

#### Ingredients:

- 1 tsp. honey
- 4 cups water
- (squeeze of lemon for blondes)

#### Instructions:

Stir honey into warm water. After shampooing, pour mixture through hair. Do not rinse out. Dry as normal.

### Hair Gel

#### Ingredients:

- 1/2 to 1 teaspoon unflavored gelatin
- 1 cup warm water

#### Instructions:

Thoroughly dissolve gelatin in 1 cup warm water. Keep refrigerated in sealed container

### Hair Spray

#### Ingredients:

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- 1/2 orange
- 1/2 lemon

### Instructions:

Chop fruit into small pieces and place in a sauce pan with 2 cups water. Boil until reduced by half. Cool, strain, and place in a spray bottle. Store in the refrigerator or add one once rubbing alcohol to store at room temperature for up to two weeks.

## Hair Mousse

### Ingredients:

- 2 egg whites
- 1 drop fragrant oil of choice

### Instructions:

In a bowl, beat the egg whites until they hold stiff peaks. You can test by holding bowl sideways and if whites do not move, you're good to go. Rub into damp hair .

## Frizz Tamer

### Ingredients:

**coconut milk**

### Instructions:

Pour coconut milk into a spray bottle. Spray on damp hair and let dry. Do not rinse. Store in the refrigerator or up to two weeks.

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### **Hair Gel**

#### **Ingredients:**

- 3/4 cup water
- 1 tablespoon flax seed
- 2 drops scented oil - your choice of scent

#### **Instructions:**

Combine ingredients a small pan and bring to a boil. Simmer until the mixture thickens, about 15 minutes. With a fine strainer, strain out as many seeds as you can. Apply to damp hair. Great for curls!!

### **Natural Hairspray Recipe for Hair**

#### **Ingredients:**

- 1 tablespoon sugar
- 1 cup hot purified water
- 1 tablespoon vodka (optional, acts as a preservative)
- 3-5 drops essential oil of your choice (optional for smell)

#### **Instructions:**

Dissolve the sugar in the hot water. Stir thoroughly to dissolve, then add the vodka. Cool then add essential oil.

### **Anti Frizz Serum Recipe for Hair**

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### **Ingredients:**

- 4 once Camellia Oil
- 1/2 once Castor Oil
- 1/2 once Unrefined Avocado Oil
- 25 drops Essential oils for scent

### **Instructions:**

Combine all ingredients in a glass dropper bottle. Shake well and apply a small amount to damp hair before blowdrying or apply a very small amount to dry hair for smoothing and shine

## **Natural Detangler Recipe for Hair**

### **Ingredients:**

- 8 oz. distilled water
- 1 tsp. aloe vera gel
- 2 drops glycerin
- 15 drops Grapefruit seed Extract preservative

### **Instructions:**

Combine all ingredients in a bottle. Shake well and apply a small amount to damp hair and work thru with fingers

## **Beach Spray Recipe for Hair with UV protection, for colored hair**

### **Ingredients:**

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- 1 cup warm distilled water
- 2 tsp sea salt
- 1 teaspoon hazelnut Oil
- 1 Vitamin E caplet (poke and drain)
- 5 drops Lavender essential oil

### **Instructions:**

Combine all ingredients in a bottle. Shake well and apply a small amount to damp hair and work thru with fingers.

## **Natural Hemp Pomade Recipe for Hair**

### **Ingredients:**

- 3/4 ounce Hemp Seed Oil
- 2 ounces Shealoe Butter
- 1/4 ounce Beeswax
- 10 drops Jasmine Absolute for smell

### **Instructions:**

In a double boiler, combine the Beeswax, and Hemp Seed Oil. Heat ingredients until they are fully melted. Next, add the Shealoe Butter (do not heat butter above 55 degrees Celsius) and stir until it is just melted. Quickly remove the mixture from the heat. Whip the mixture until it cools slightly. Add 10 drops of Jasmine Absolute and continue to mix the pomade. After several minutes the mixture should begin to cool and thicken. Add to glass jar, and allow it to cool and set completely.

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To Use: Apply to dry hair to add texture and definition.

### **Defrizzer Hair Lotion Recipe for Hair**

#### **Ingredients:**

- 6 oz distilled water
- 1/2 oz Hemp Seed oil
- 1/2 oz avocado oil
- 1/2 oz castor oil
- 1/2 oz Shealoe butter
- 1/2 oz cocoa butter
- 1/2 oz Beeswax wax
- 10 drops Thyme Essential oils
- 10 drops Rosemary Essential oils
- 10 drops Clary Sage Essential oils

#### **Instructions:**

Melt butters and beeswax wax in a double boiler. When melted completely for 20 minutes at 175 degrees, add carrier oils. In a separate pot, boil water, allow to cool to 175 degrees. When both oils and water are about the same temperature, slowly add water to oils mixing with a stick blender.

Blend 2 minutes, wait 5 minutes. Repeat 3 times. Allow to cool to room temp. then add essential oils. Blend once more before placing in glass jar. Use within 1 month. To use: Apply a small amount to damp hair, then air or blowdry.

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