

Acacia Bark (*Acacia decurrens*)

Written by Administrator

Thursday, 19 May 2011 04:45 - Last Updated Thursday, 19 May 2011 04:50

Strongly astringent, babul is used to contract and toughen mucous membranes throughout the body in much the same way as witch hazel or oak bark does. Babul may be made into a variety of preparations: for instance, a lotion for bleeding gums, a gargle for sore throats, a wash for eczema, an eyewash for conjunctivitis and other eye problems, and a douche for excessive vaginal discharge. The herb is taken internally to treat diarrhea, mainly in the form of a decoction. In Ayurvedic medicine, babul is considered a remedy that is helpful for treating premature ejaculation.